

BLACKROD PRIMARY SCHOOL

Project Reflection – Autumn 1

PHSE-Our Feelings and Bodies

PHSE

The children were able to reflect on that fact that our bodies can be hurt physically and emotionally. They were able to discuss how to help if some one had fallen over and hurt their knee they might put a plaster on the graze. When our feelings and emotions are hurt they were able to recognise that they should talk to a grown up who can help them. Our class worry monster and speaking to class teacher were sign posted in case any children had a worry.



Circle Time



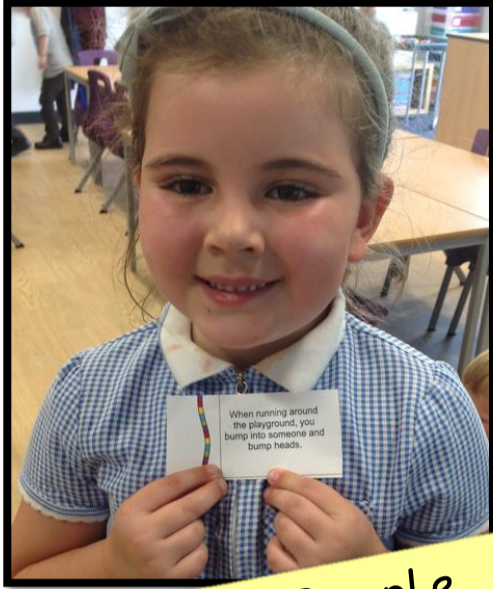
Worry Monsters
Each classroom has a worry monster for children to express if they have a worry or concern.

Teachers will speak to children to try and resolve any worries.

Key Vocabulary

Friendship
Family
Community
Emotions

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Special People

The children were also encouraged to talk about different groups and communities that they belonged to. Sports clubs such as dancing, football and gymnastics were discussed along side places where they had made new friends and skills eg Brownies, Cubs and All Stars. We discussed and reflected on being part of a family unit and the special people within it. The children illustrated balloons with people who were special to them.

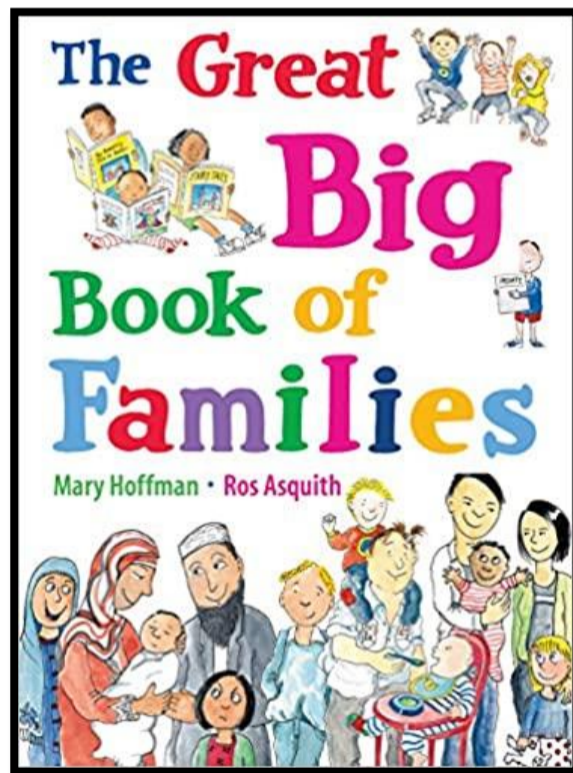


Learning Links

The Great Big Book of Families

<https://www.youtube.com/watch?v=3kedS0-70LQ>

<https://www.bbc.co.uk/teach/class-clips-video/ks1-pshe-relationships-our-family-index/zwb2jsg>



Friendship

The children discussed what makes a good friend. They were able to recognise things they could do to show they were a good friend. We finished our session by singing a song about 'Friendship.'

