

BLACKROD PRIMARY SCHOOL

Autumn Project Reflections

PE - Football



We were dribbling the ball around cones and finished with a shot.



Skills

- Attacking
- Dribble
- Using inside/outside of foot
- Body parts
- Gentle touches
- Knees bent.



BLACKROD PRIMARY SCHOOL

Passing technique involved one foot to be used to strike the ball, while the other foot is used to maintain connection with the ground.



Dribble around cones and pass to a team mate and finish with a strike at a target.



Defending - the aim of a tackle is to dispossess the opposition player of the ball.



BLACKROD PRIMARY SCHOOL

Face to face
Tackle - this is
when a player is
running towards
you and you tackle
the ball face to
face.



Learning Links

[Football Skills - CBeebies - BBC](#)

[Physical Education KS1 / KS2: Hybrid Sports - Attacking and Defending - BBC Teach](#)

[Football training: keeping skills sharp at home or in your garden - CBBC - BBC](#)