

# BLACKROD PRIMARY SCHOOL

## Project Reflection – Autumn 2

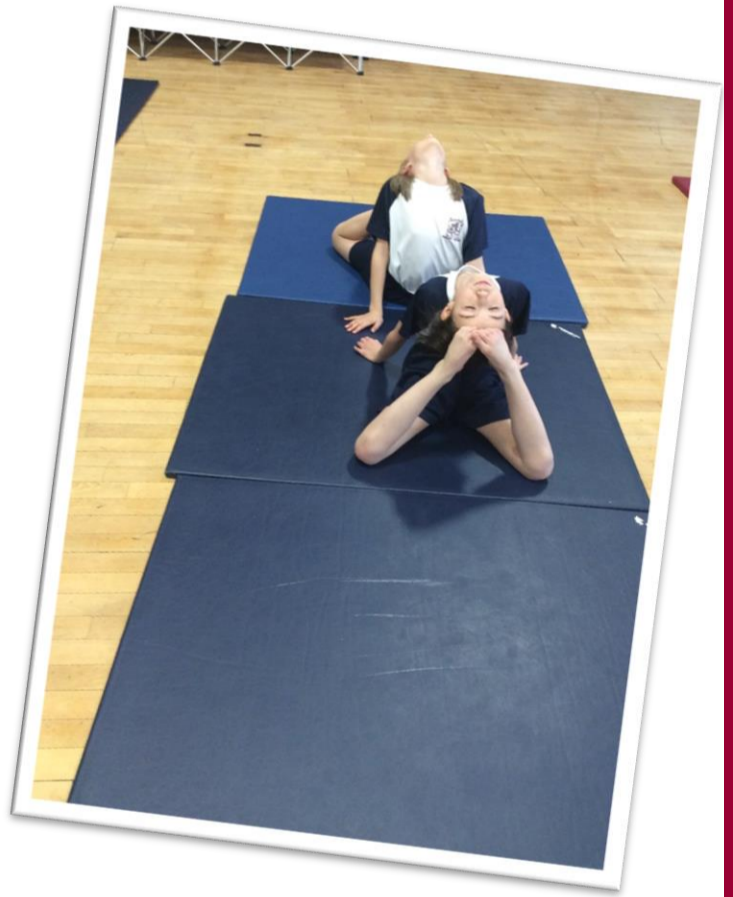
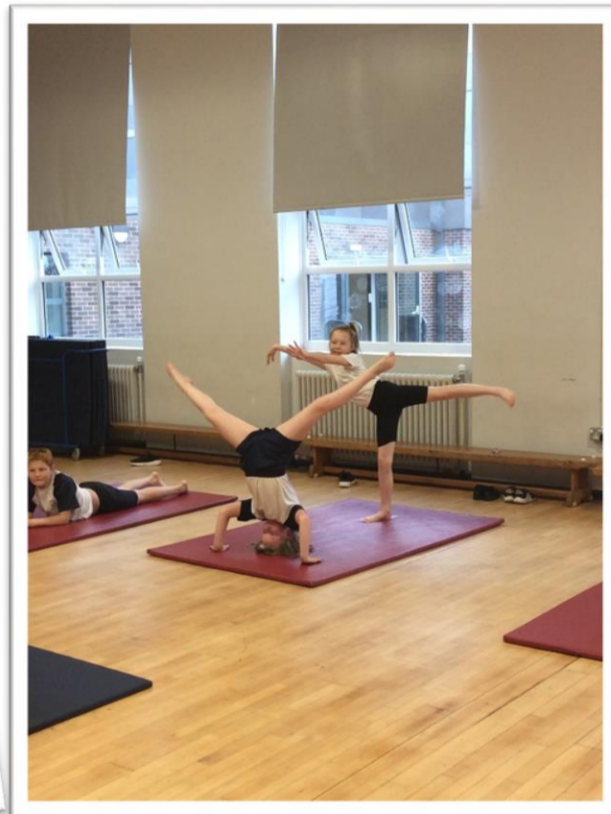
### PE- Gymnastics and Football

#### PE-Gymnastics

We looked at creating our own routine on the floor using balances such as front support, back support, arch, dish, pike and straddle.

#### Vocabulary

Front support  
Back support  
Arch  
Dish  
Pike  
Straddle



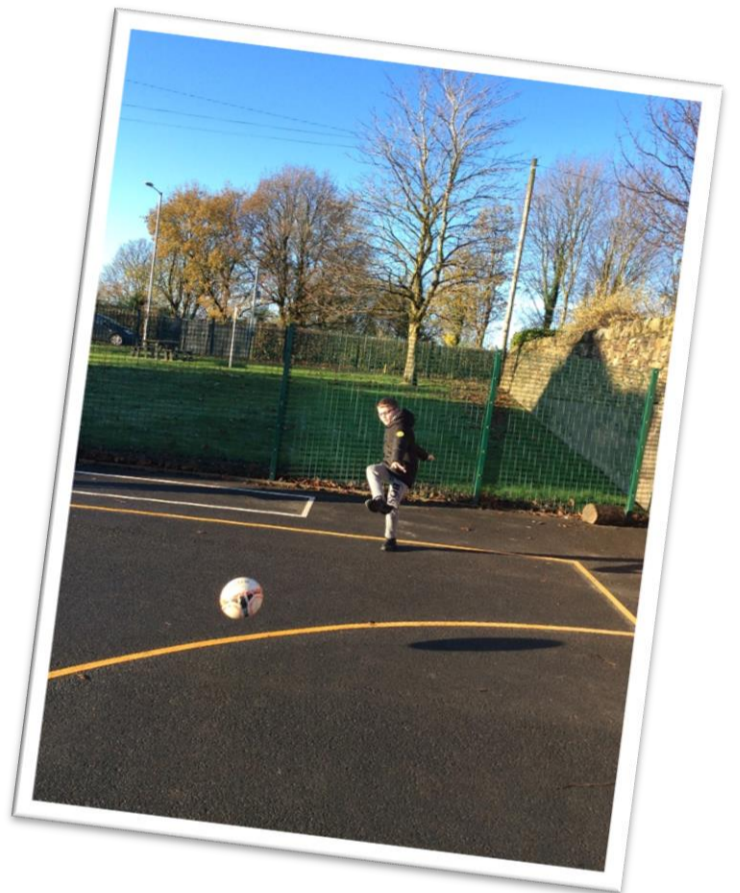
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## PE-Games- Football

We looked at dribbling, passing, accuracy and shooting technique within our football session. We completed a variety of football drills to tackle and defend.

## Vocabulary

Shooting  
Technique  
Defence  
Passing  
Dribbling  
Shooting



## Home Learning Links

<https://www.bbc.co.uk/cbbc/watch/gymstars-guide-to-gymnastics>