

Mentoring & Befriending Service

Aspirations Mentoring

A long-term programme for Children who are Looked After (CLA) and Care Leavers. Young people are matched with a trusted adult, and through action planning they are supported to improve their self-confidence, self-esteem and resilience, helping them to think positively about their future. Eligibility- Young people aged 8-24 years old. Young people living in Bolton

Independent Visitors

An Independent Visitor (IV) is a long-term befriender for children and young people who need to build trust with someone outside the care system. IVs provide a consistent trusted adult to befriend, advise, and provide stability for Children who are Looked After. Eligibility - Children in care of the local Bolton Authority, can be referred from 8 years old until their 17th birthday.

Mentoring

A programme that offers children and young people support through a holistic approach, using action planning to help them to identify goals they would like to work towards with the support of a trusted adult to build self-confidence, self-esteem and resilience. Eligibility - 8-18 years old, Active Early Help in place. We cannot at this time accept referrals for young people where there is statutory social care involvement.

Mental Health & Wellbeing Service

Bereavement Service

Our support service for children and young people who have experienced a death or loss and are struggling to cope with their emotions surrounding their grief. Advice and signposting available for families, school, and other professionals to aid the conversation around bereavement. Eligibility aged 8-18 years old and bereavement must have been at least 6 months ago.

Thrive (through Bolton Together Hub)

Our service is for young people wanting low intensity support to develop practical coping strategies for mild to moderate mental health issues such as worry, generalised anxiety, low mood, sleep issues and emotional dysregulation using a young person led approach. Eligibility - Aged 11-18 years old.

Counselling

We offer children and young people counselling who have been impacted by trauma. Using a person-centered approach to help young people who need to talk to a qualified counsellor to help them with something they are struggling with. Eligibility - Aged 8-18 years old.

Safe Zones

We are part of the Greater Manchester Mental Health Crisis Care Pathway and only accept referrals from All Age Mental Health Liaison, Rapid Response Team and CAMHS. We provide 1-1 sessions on coping strategies and agreed goal-based outcomes within a 4-week time period to young people who have experienced a mental health crisis.



TARGETED YOUTH SERVICES

FURTHER INFORMATION & REFERRALS
AT WWW.BLGC.CO.UK



CONTACT US

If you wish to find out more about the services we offer at BLGC, make a referral or contact a member of our team please visit - www.blgc.co.uk/target-ed-youth-services/

ADDRESS:

18 Spa Road, Bolton, BL1 4AG

CONTACT NUMBER:

01204 540100

Children & Families Service

Team Around the School

Teams around the School is a multi-disciplinary team approach providing support to children, young people and families in participating primary and secondary schools at an Early Help level to improve emotional health and wellbeing. We offer 1-1 emotional health and wellbeing sessions, using a goal-based outcome approach, that is young person led.

Family Assist Service

We offer short-term support to families to increase knowledge, skills and confidence. Support can focus around finances, physical and mental wellbeing, employment, housing, boundaries and routines, general family relationships, and signposting to other services. We cannot accept referrals for families who have statutory social care involvement.

Young Carers Service

We offer 1-1 support and group work opportunities for young carers around the impact that their caring responsibilities have on their emotional wellbeing. Support can include signposting to other services and working with schools to identify young carers so that the right support can be offered as early as possible. Eligibility - 8-18 years old.

What we offer & Who we work with

Our Targeted Youth Services provide support for a range of needs of children, young people and families and we work with young people up to the age of 25 years old in specific services. We work out in the community or at one of our centres on a one to one basis and offer some small group work activities. All our services are referral based.

We offer a range of services that focus on a range of needs including emotional health and wellbeing, mental health, building self-confidence, self-esteem and resilience. All our projects and services are referral-based - consent from the young person/parents/carers - short to longer term interventions.