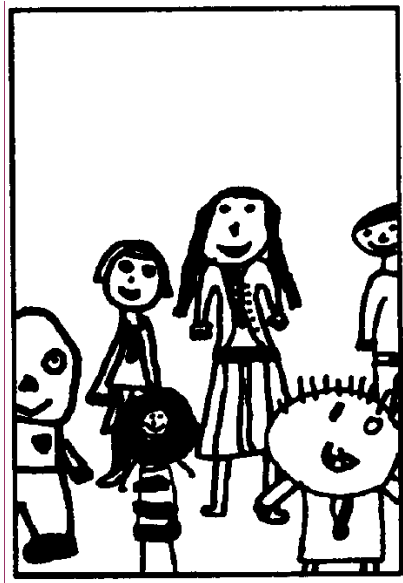


Blackrod Primary School



Healthy Snack/Water Policy

Approved by: T&L, Community, Safeguarding & Inclusion

Last reviewed on: 25th May 2021

Next review due by: May 2023

Healthy Snack/ Water Policy

Aims

- To ensure that pupils are well nourished and hydrated at school and that every pupil has access to water during the school day.
- To ensure that food provision in the school reflects the ethical and medical requirements of staff and pupils e.g. religious, vegetarian, medical and allergenic needs.
- To make the provision and consumption of food a safe experience.

Provision of meals and drinks across the School day

- All Stars Breakfast and After School Club provide a healthy range of snacks, cereals and toast. Food, which is low in sugar and salt, is provided for the children. Fresh fruit is always an option.
- Snacks at break time: **toast or fresh fruit/vegetables only**, which can be brought from home or toast purchased through school. Reception children have their snack provided in class at a cost of £1 per week.
- Drinks for use in class: **water only** in a clear sports bottle with the child's name on it. Water bottles to be taken home daily.